COVID-19



HOW TO STAY SPORT SAFE

www.accsport.asn.au/acc-information/covid-safe

STAY HOME IF SICK

Tell your family or teacher if you feel sick. Stay home and stay away from sport.

PROTECT YOURSELF AND OTHERS

Wash your hands before and after, try not to touch your face, don't share stuff, sneeze/cough into your elbow or use a tissue, don't spit.

BE A LEADER

Set a good safety example to your friends and be a role model to younger students.

We're all in this together.



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MENTAL HEALTH MATTERS

Its OK to feel sad, worried, scared or angry about COVID. Talk to your friends, family and teachers. Keep fit.

KEEP YOUR DISTANCE

No hugs, hand shakes, high fives, or hands in. Try to keep your distance.

PLAY YOUR PART

COVID is real and it can kill. We all have to play our part to keep each other safe and keep COVID away.

We're all in this together.

